


FRANK LLOYD WRIGHT RACES
 10K & 4 MILE VIRTUAL RUNS
 FALL 2020

WELCOME RUNNERS

Some of Buffalo's architectural gems and tree-lined streets are home to the Queen City's first free virtual race courses. The 10k and four mile routes snake through north Buffalo and pass multiple homes designed by renowned architect Frank Lloyd Wright along with other well-known landmarks.

Both the 10k and four mile courses start and finish at the Darwin D. Martin Complex - 125 Jewett Parkway, at the corner of Jewett Parkway and Summit Avenue.

Why run?

These courses are a fun way to combine running with the incredible history and beauty that our city holds. And there's no better way to see the City of Good Neighbors than by running through the neighborhoods that give it that great nickname.

How to participate?

Once you register, you'll receive an email race packet that includes printable and digital versions of the course maps.

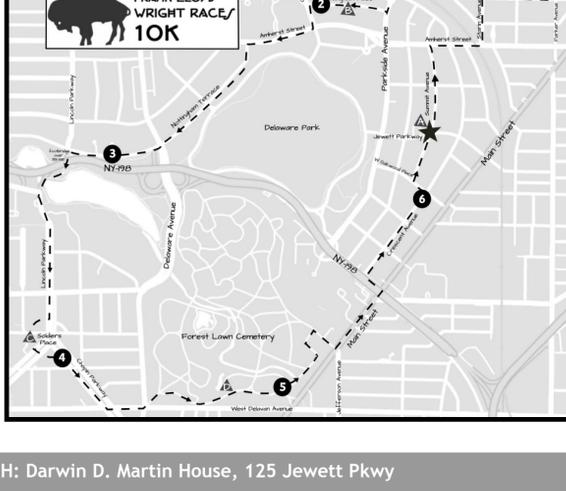
When to run or walk?

Run or walk either or both of the courses between October 15 and November 15 at a time of your choosing.

Why's it free?

As an organization, the Greater Buffalo Track Club's mission is to provide opportunities for the running community to run and train - and while that's been challenging during a pandemic, we're continuing to find creative ways to support and grow our organization. Members of our club participate in weekly track workouts - typically held on Tuesday evenings, distance runs on Sundays and cross-country and trail runs on Thursdays and runners of all skill levels are welcome! More information about the organization can be found at greaterbuffalotrackclub.com.

10K COURSE



START & FINISH: Darwin D. Martin House, 125 Jewett Pkwy

From its deep overhanging eaves and breathtaking pergola to its art-glass windows, built-in furnishings and fully-restored gardens and grounds, the Darwin Martin House is widely thought of as one of Wright's finest works and one of the most important projects of the "Prairie School" of Architecture. The Martin House was commissioned in November 1902 and the Martin's moved in three years later, though the home wasn't completed until 1907.

George F. Barton House, 118 Summit Avenue

The Barton Home was commissioned by Martin in 1903 and if it met expectations, Wright would receive the larger commissions for Martin's home and the Larkin Building. While Martin had set the budget at \$4,500, the final cost came in over \$12,000 when Martin's sister and her family moved-in in August 1904.

Gardener's Cottage, 285 Woodward Avenue

This modest, two-story structure on Woodward Avenue is made of wood and stucco and has broad windows and wide eaves. Occupied by the Martin's gardener, the home has three bedrooms on the second floor.

1.9 Miles: Walter V. Davidson House, 57 Tillinghast Place

Tillinghast Place is home to the Davidson Home, completed in 1908, and named "Chriswold" by the first residents, Christiana and Walter Davidson. The building is stucco over wood frame - in contrast to other Wright properties in Buffalo.

3.8 Miles: William R. Heath House, 76 Soldiers Place

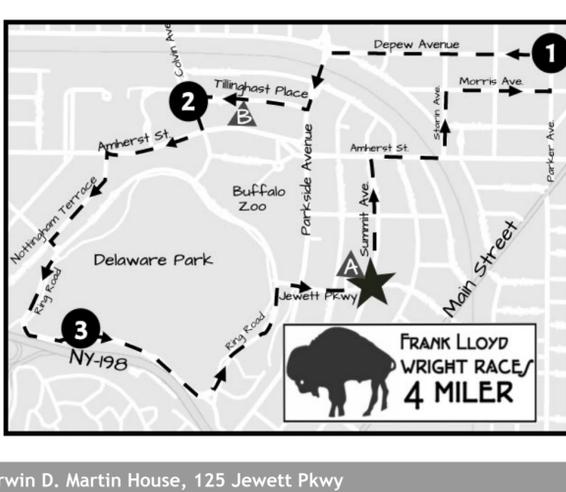
Sitting on a narrow strip of land on Frederick Law Olmstead's Soldiers Circle, the red brick home is Wright's first work in Buffalo - completed in 1904. The main living area of the "Heath Home" sits eight feet above street level - designed to maximize the privacy of the residents.

4.7 Miles: Blue Sky Mausoleum, Forest Lawn Cemetery

The open air Mausoleum on the far south of Forest Lawn Cemetery was completed in 2004 based upon designs that Wright made for Darwin Martin in 1928 - Wright's only cemetery design. Martin lost his fortune - and his ability to construct the Mausoleum - in the Wall Street Crash of October 1929. Martin is buried in another section of the cemetery.

NOTE: Forest Lawn Cemetery is open to respectful use by runners, walkers and bicyclists from 9 a.m. to 5 p.m. daily and the gate at Jefferson Ave. closes at 4 p.m. Participating outside of those hours? Detour by bypassing the entrance, continuing east on Delavan and turning left at Main Street.

4 MILE COURSE



START & FINISH: Darwin D. Martin House, 125 Jewett Pkwy

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George F. Barton House, 118 Amherst Avenue

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Frederick Law Olmstead

Frederick Law Olmstead - widely considered the father of landscape architecture in America and the creator of New York's Central Park - designed Buffalo's interwided public park system, the country's first.

Olmstead's vision for parks in Buffalo: wide expanses connected by parkways and circles, creating greenspace across and throughout the city.

2.6 Miles: Delaware Park

Home to Hoyt Lake and the Buffalo Zoo, the Japanese and Rose Gardens, tennis courts and bridle paths and Western New York's most popular running and biking routes, Frederick Law Olmstead's Delaware Park is regularly ranked among America's best.

3.5 Miles: Buffalo Zoo

Originally home to a pair of deer gifted to the city and placed in what would become Delaware Park, the Buffalo Zoo was established in 1875 and is America's third oldest.

BEING SAFE

Safety is always the top priority of the Greater Buffalo Track Club - but it's especially important during these challenging times. We ask that you take steps to keep yourself healthy and safe while running.

- Please be aware of your surroundings at all times as you're sharing the streets with motorists. Cross at crosswalks or intersections and obey normal traffic laws and all traffic signs. And never assume a driver is going to stop for you, even if you have the right-of-way. It is generally recommended that you run against traffic while on roads.
- When running with others, respect all social distance guidelines issued by the city, county, state and federal authorities. And if you are sick or feeling ill, stay quarantined at home and away from others.
- Clothing - remember, it's getting light later and dark earlier. Wear clothes and use other equipment to makes you visible to motorists.

GET SOCIAL!

While you're running:

- Take pictures to share!
- Record your run on Strava and follow @GreaterBuffaloTrackClub

After:

- Share your pictures, course times, architectural and historical thoughts and questions on social media, tagging @GreaterBuffaloTrack on Twitter, @GBTCrunch on Facebook and @GreaterBuffalo_TrackClub on Instagram.
- Runners should use #FLWraces, #7run6, #buffalorunners



MORE INFORMATION

The Greater Buffalo Track Club would not have been able to host these virtual runs or provide this information on our own. We thank and recommend:

Author and professor Jack Quinan's 2012 work *Frank Lloyd Wright's Buffalo Venture* provided invaluable information and guidance to creating this guide. The book, which is highly recommended, is available at local bookstores and online.

The Darwin D. Martin House is a treasure for our city - the home has been restored and is preserved by the Martin House Restoration Corp. For more information, membership and tours, visit martinhouse.org.

Buffalo's Forest Lawn Cemetery boasts unmatched beauty and history and is a true treasure - for more information, visit forest-lawn.com.

The Queen City's park system is the envy of communities across the world. Buffalo's Olmstead Parks are supported and maintained by the Olmstead Parks Conservancy - for more information visit bfloparks.org.

Visit BuffaloNiagara.com has more information about Wright's other properties and designs in Western New York not included on this virtual run. They include the Graycliff Estate, the Boathouse and the Filling Station.

The Greater Buffalo Track Club has no affiliation with any other organizations, including those listed above.