



GREATER BUFFALO TRACK CLUB

2011
Membership Application

Check Status: **NEW MEMBERSHIP** _____ **RENEWAL** _____

PLEASE PRINT:

NAME: _____
(LAST) (FIRST)

Address: _____

CITY: _____ STATE/PROV: _____

ZIP/POSTAL CODE: _____

PRIMARY PHONE #: _____ ALTERNATE PHONE #: _____

EMAIL ADDRESS (for Club Information): _____

WHERE DID YOU HEAR ABOUT US: _____

SIGNATURE: _____

Buffalo State College Track Workout Schedule and Information:

- On-going each Tuesday evening from late April through late October 2011.
- Track is reserved from 6:00 – 7:00pm. Warm-ups and exercises followed by group interval workouts. Water is provided.
- Coaching, workout planning and monitoring of your fitness is graciously offered by Ken Hans, a highly respected coach in the WNY area. You are also welcome to bring your own workout and easily blend in with the group.
- Buffalo State will have a site supervisor at each workout to address any issues regarding the use of the track and facilities. Showers and bathrooms are available to use inside the Houston Gym Field House adjacent to the track.
- Parking: Spring/Fall when school is in session – Lot M (across Grant St.)
Summer – Lot L (across from end zone of the field/track).

Please send completed form along with \$20.00 Application Fee, payable to **Greater Buffalo Track Club**, to:

Greater Buffalo Track Club

Attn: Mary Magoffin

404 Potomac Ave. Buffalo, NY 14213

Any questions, contact Mary Magoffin at 883-2117 or msmago28@yahoo.com